

ENDOSCOPY

VALLEYCARE GASTROENTEROLOGY MEDICAL GROUP, INC.

Phillip Wolfe, MD

You are scheduled to have a Endoscopy on: _____

Located at: Hacienda Surgery Center. You must arrive at _____ A.M.
4626 Willow Rd, Suite 100, Pleasanton, CA

Upper Endoscopy Preparation Instructions

Nothing by mouth after midnight the day of your procedure. Take your regular medications with a small amount of water on the day of your appointment unless otherwise instructed by your doctor. If your Endoscopy is scheduled late in the morning you may have clear liquids up to four (4) hours before your arrival time.

DOCTOR INSTRUCTIONS:

- ✓ If you are taking Coumadin, Plavix or any other blood thinning medications please discuss this with the gastroenterologist you are seeing in our office.
- ✓ Do not take the medication – CARAFATE/SUCRALFATE on the day of your procedure.
- ✓ You will be receiving intravenous sedation or anesthesia. YOU WILL NOT BE ABLE TO DRIVE THAT DAY. You must arrange for a responsible adult to take you home.
- ✓ Plan to be at the Out-Patient Surgery Center a total of 2-3 hours.

If you have any questions, please do not hesitate to call our office at 925-460-8167. www.valleycaregastro.com